



The Complete Diabetes Guide for Type 2 Diabetes, Karen Graham, National Aboriginal Diabetes Association, Paper Birch Publishing, 2011, 0986783323, 9780986783326, . .

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Meals for Good Health , Karen Graham, Mar 1, 1999, , 232 pages. If you want to lose weight, but don't want to go on a diet -- if you have diabetes, high cholesterol, or high blood pressure and want to know what you should eat -- Karen

Crazy plates low-fat food so good, you'll swear it's bad for you!, Janet Podleski, Greta Podleski, Feb 7, 2000, Cooking, 190 pages. The best-selling authors of Looneyspoons present a delectable new collection of healthful, taste-tempting recipes that include up-to-date nutritional information on each dish

Diabetes Recipes from Around the World , Jane Frank, May 1, 2009, , 128 pages. .

Policy Paradox The Art of Political Decision Making, Deborah A. Stone, 1988, , 428 pages. Since its debut, Policy Paradox has been widely acclaimed as the most accessible policy text available..

Diabetes Meals for Good Health Includes Complete Meal Plans and 100 Recipes, Karen Graham, Sep 12, 2008, , 288 pages. Dozens of recipes of various calorie counts with accompanying nutritional breakdowns are provided in an informative cookbook filled with low-fat, high-fiber meals designed for

Understand Your Diabetes-- and Live a Healthy Life , Jean-Louis Chiasson, Robert G. (COL) Josse, Mar 1, 2005, , 273 pages. The second edition features a great deal of new information for the general population as well as for people with diabetes, including the risk factors implicated in the

Mopokes and Mirages , Rex Ellis, Jan 1, 2013, Australia, 193 pages. .

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